

How to talk to your friends about summer camp and (why it's important)

Pok-O-MacCready Camps are located on the eastern edge of the Adirondack Mountains in NYS. The camp encompasses beautiful Long Pond and 300 acres of forest, trails and fields.

Pok-O-MacCready Camps is a coeducational camp founded in 1905 and is still under the ownership and directorship of the Swan family. We enroll campers ages 6-16.

The session lengths: 2 week Rookie camp for first time campers age 6-10, 4 week session, 3 week session or full session of 7 weeks. The tuition costs start at \$1100 per week and vary depending on the session length.

Pok-O-MacCready is an “unplugged” camp. Electronic devices are prohibited. Children may not call their parents. Parents may call their children after a 10-day waiting period. A parent may call the camp directors at any time to ask about his or her child. Written communication is encouraged!

We offer over 35 different activities from which campers choose their schedules. Once their schedule is created, they stay with that schedule for the duration of their visit. However, if they are in an activity which is not to their satisfaction, they may change to another activity.

Our most popular programs include wilderness hiking, horseback riding, archery, volleyball, boating, pottery and rock climbing just to name a few.

The facilities: campers sleep 4-8 in a cabin, most commonly 4-6. There is a counselor in each cabin as well as a section head overseeing the group. The younger children have electricity and attached bath

Parents may ask (and should) about our medical staff. We have 3 registered nurses on staff. The local health center is 3 miles away, and there are two hospitals within 20-30 minutes of camp. All senior staff, program specialist and trip leaders are trained in CPR and Wilderness First Aid.

Reasons Why Parents Love Camp:

Camp promotes community by encouraging children to engage with each other, to form bonds that last a lifetime.

It creates a great space that shows kids how to live together and care for one another.

Camp teaches critical thinking.

The camp experience embraces the natural environment.

Camp creates future leaders.

Camp has a lasting impact. Camp gives a child a sense of success and achievement by being active participants – knowing when to ask questions, ask for help and try new things. It promotes an “I can” attitude.

Reasons Why Kids Love Camp:

Swimming, fishing and HIKING!

Flourhawk games

Vespers (it's at Intermediate Point now)

Horseshows - MacCready hosting two

Fishing with Squeaky

Sleep-ins

CANDY STORE !!!!!

And of course – James' Ice Cream

And don't forget, as a former camper, your personal story of camp will be one of the truest examples of why camp was important to you and why you are still talking about it today. However, it is also vital to remember that some aspects of camp have changed over the years. For example: 1. Greater emphasis on healthy eating which includes eating meats and vegetables from local farms. Much to campers' dismay, this means no more "bug juice" and sugar cereal is a treat rather than the norm. 2. Increased risk management. While camper independence is encouraged, we know where every camper is at all times through camp-wide attendance checks both day and night. 3. The class and section activity schedule is constantly changing from year to year so check the website to if your favorite class is still around.

Brian and/or Sarah are happy to talk with any prospective families.

We can be reached at 518-963-7656, info@pokomac.com or director@pokomac.com